

# Merry Christmas!



*Hilya Ekandjo is a mechanic with the Okathitu Bicycle Workshop, which benefits people living with HIV/AIDS in surrounding communities. Photo: Susan Gershwin.*

I thought you would appreciate the work of the Bicycling Empowerment Network Namibia (BEN Namibia), an organisation that helps set up bicycle shops in disadvantaged communities. They have established 22 shops, created 90 full time jobs (half of which are for women), and distributed 12,000 bicycles. They are changing Namibia, one bike at a time.

So this year, as your Christmas gift, I have donated to BEN Namibia in your honour.

[www.benbikes.org.za/namibia](http://www.benbikes.org.za/namibia)